

## Let's Do Lunch!

Indulge your friends and colleagues with a satisfying lunch, delivered to your door! The possibilities are endless with customized packages; soup, sandwich & salad, or pasta, salad & dessert. Call us today and ask about our specials! Minimum of 8 people per order.

### Gourmet Deli Sandwiches

Assortment of fresh rolls and artisan breads filled with your choice of:

- Smoked Ham & Aged Cheddar
- Cajun Grilled Chicken with Hickory Sauce
- Roast Turkey & Harvarti with Herbed Mayo
- Roast Beef & Swiss
- Grilled Vegetable with Olive Tempanade
- Curried Egg Salad
- Tuna with Sweet Onion

### Signature Wraps

Colourful tortillas filled with the following:

- Smoked Ham & Swiss
- Mediterranean Vegetables & Feta
- Grilled Chicken, Mushroom & Asiago
- Roast Beef Fajita & Cheddar

All sandwich platters are based on 1.5 pieces per person (This ensures a great variety)  
 Prices are subject to package choice:

#### Package example #1

Sandwich Platter  
 Salad  
 Pastries & Assorted bottled water & juice  
 Disposables

**\$13.95** per person *(does not include delivery)*

#### Package example #2

Soup  
 Sandwich/Wrap combo  
 Salad & Pastries  
 Disposables

**\$14.95** per person *(does not include delivery)*

### Soul Warming Soups

Ask about our soup du jour or order from the following favourites:

- Roasted Red Pepper & Tomato
- Sweet Potato, Apple & Smoked Cheddar
- Creamy Potato Leek
- Spicy Black Bean with Sour Cream & Cheddar
- Green Lentil with Smoked Ham
- Curried Butternut Squash
- Cream of Wild Mushroom
- Moroccan Beef & Chic Pea
- Thai Chicken Lemongrass
- Tarragon Carrot Purée

## From The Garden

### Salads

enjoy a side salad or two, made with the freshest ingredients and homemade dressings.

Organic Mixed Greens	With cucumbers, red onion, grated carrot & garden tomatoes. Served with balsamic vinaigrette.
Candied Greens	Organic greens with caramelized pears & candied walnuts. Served with balsamic vinaigrette.
Sweet Beets	Roasted beets & fresh orange segments on bed of greens. Topped with feta and grainy mustard vinaigrette.
Moroccan Delight	Chickpeas, red onion & dried fruit in tangy ginger dressing.
Popeye	Baby spinach, red onion & mandarin oranges in grainy mustard vinaigrette.
Classic Caesar	Crisp romaine, herbed croutons & creamy garlic dressing. Available with bacon & fresh parmesan.
Fresh Fruit	Bite-sized chunks of fresh seasonal fruit.
Thai Mango	Mixed greens topped with fresh julienne peppers, mango & red onion. Served with chili ginger vinaigrette & crushed peanuts.
Country New Potato	Mini red potatoes with red onion, carrots & bell peppers in a tangy dijon caper dressing.
Summer Slaw	Combination of shredded purple & green cabbage, fresh carrots & aged cheddar.

## Sweet Tooth

The following temptations are a perfect way to end a lunch, or complement coffee & tea service for a large afternoon meeting. All desserts are made with the freshest of ingredients accompanied by fresh berries.

Mini Devon Custard Tartlets with Fresh Fruit Topping

Apple Berry Crumble with Vanilla Whipped Cream

Assorted Pastry Platter	Double fudge brownies, banana walnut cake, spiced carrot raisin loaf, lemon cranberry squares.
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